

**Stage 1: Ordinary World – You, the Writer
Start From Where You Are**

Why is this stage so important?

	Inner World (Feelings, Sensations)	Outer World (Physical, Concrete)
Your Goal(s) as a Writer		
Your Motivation to Write		
Your Fears, Concerns, Worries – Conflicts to Achieve Your Goal(s)		
Strengths		

Selected Books on Myth,& the Hero's Journey, & Archetypes

Myth and the Hero's Journey

Campbell, Joseph. *The Hero With a Thousand Faces*

Campbell, Joseph. *The Power of Myth*

Estés, Clarissa Pinkola. *Women Who Run With The Wolves*

Vogler, Christopher. *The Writer's Journey*

Archetypes

Mark, Margaret, and Pearson, Carol S. *The Hero and the Outlaw: Building Extraordinary Brands Through the Power of Archetypes*

Pearson, Carol S. *The Hero Within: Six Archetypes we Live By*

Beth Barany, a certified creativity coach and author, coaches aspiring authors who have the challenge of not writing and *really* wanting to write. She helps authors get to the page and get their writing done. Through workshops, e-courses, and products, Beth helps writers enjoy the writing process and complete their books. For more tools and support, check out her blog, Writer's Fun Zone, <http://www.writersfunzone.com>, and her site, <http://www.bethbarany.com>.

Creator of the Writer's Adventure™ Guide method, Beth is also the author of the e-book, *Overcome Writer's Block: 10 Writing Sparks to Ignite Your Creativity*, the forthcoming book, *The Writer's Adventure Guide*, and is a contributor to the anthology, *Writing Romance: The Ultimate Guide on Craft, Creation, and Industry Connections*. She has been published in the *Psychic Reader*, the *Paris Free Voice*, *January Magazine* and *Creativity Calling: The Newsletter of the Creativity Coaching Association*. Beth writes young adult fantasy.