

SOCIOPATHS vs. PSYCHOPATHS AND THE SERIAL KILLER

By

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DIFFERENCES:**Sociopath**

Do not conform to social norms
Any Human attachment is fake

Con people - generally not violent
(there are exceptions)

Don't tend to act inward
Wants a willing victim (con)
Believe they are all powerful; all
knowing

They may use aliases
Changes their image to avoid arrest
Generally fail to plan ahead

Unable to honor obligations unless
it is part of their plan

Intelligence level varies

May be a leader (like a cult)

Sensitive to their own pain and health
Conscious

Psychopath

May conform to social norms
Loves their parents, spouse, kids, etc.
(but distrusts the rest of the world)
Suffers at loss of above

Violent acts generally preceded by
loneliness, social isolation, and
Emotional pain

May act inward as well as outward
Doesn't care if victim is willing or not
Outwardly may appear arrogant yet
inwardly they feel inferior

No need to use an alias
Generally they keep the same image
Generally don't learn from their
Experience

Generally of high intelligence

Not

Doesn't generally care about their
looks

The psychopath who is also a sociopath has the characteristics of both and is
serious trouble!

SIMILARITIES

Both are:

Deceitful

Liars, pathologically

Superficial Charm (but not all psychopaths are charming)

Show no remorse or guilt

Tend to need excessive stimulation

Paranoid

Clark (Dr. Cythia L Clark)

Do not accept responsibility for own actions
Have no conscience
Impulsive
Manipulative
Promiscuous
Show no shame

Types of Psychopaths:

A. The "Jekyll/Hyde" Psychopath - As the name implies he is two different people. He tends to come on strong, the kind that sweeps you off your feet. Or he may play the role of victim. He may be the control freak that offers care and someone who will take care of you. All of these are false. They are designed to reel you in and then become the monster he really is. He has multiple relationships and victims.

B. The Female Psychopath - chambering like a "southern belle". She appears helpless, needy. She gets strangers to give her things. She plays at being the victim luring her prey. Once in her web she becomes cunning, ruthless, predatory, and loveless. A black widow.

C. The "Liar liar" Psychopath - lies just to lie. He is articulate, will evade questions, and omit facts. His story may change a thousand times. And each time he will tell it as it is the first time.

D. The "Thrill Seeker" Psychopath - Constantly seeking thrills and each time riskier and riskier. The need escalates. The recklessness increases. Poor impulse control. Very bad judgment. Substance abuse is common as well as criminal activity.

E. The "Malevolent" psychopath - Cold, vacant eyes. Serial Killers, wife beaters, murderers, rapists, stalkers, terrorists, harassers, etc. Rage. He knows he is going to be betrayed, humiliated and punished, so he does it first. He is extremely dangerous and generally unpredictable. No remorse, No conscience.

F. The "Arrogant" Psychopath - He must be center stage. But his mask is one of false arrogance. He must attention whether it is love or hate, reverence or fear and hatred makes not matter. Fame or infamy. Pure attention.

G. The "Charismatic" Psychopath - highly manipulative to obtain money, control, compliance, attention. He is highly effective in brainwashing techniques. He/she portrays themselves as virtuous, perfect father/mother, spiritual leader, mentor, friend.

H. The "Promiscuous" Psychopath - needs sex. Male or female. Pornography, hyper sexuality, masturbation. Young, old, target doesn't matter. Whatever is available. Probable preference for sado-maso sexual activities. His demands increase.

I. The "Nomadic" Psychopath - he wanders, with no long term goals, no realistic expectations. Aimless. Lacks commitment. But aggressively pursues others for their gratification.

J. The "Con man/Manipulator" Psychopath - A charmer. Keeps his targets and allies separate to avoid contamination. Will frequently accuse you of breaking the contract first to avoid getting caught when the fire gets to hot.

K. The "Professional Bully" Psychopath - Intelligent. Fakes his credentials. Exploits others. Back stabs. Sets others up to fall so he can save the day.

L. The "Psychopathic Child" - shows signs at an early age. As a juvenile may lie, fight, steal, bully, be cruel to animals, cheat. Use bad judgment, vandalize, be truant, sexual activity, runaway, and. substance abuse.

Serial Killers Characteristics:

- A. Mostly white males
13% to 22% are African Americans
- B. Bright, intelligent
- C. "Tend" to do poorly in school - not always
- D. May have been abused as a child
- E. May have attempted suicide
- F. Show interest at early age in pornography
(especially sadomasochistic),
Fetishism, voyeurism
- G. Bed wetting (reported still did by the age of 12)
- H. Many were also fire starters
- I. Sadistic tendencies

J. May be classified as Disorganized or Asocial:

- IQ 80 to 95
- Socially inept
- Lives alone, tends not to date
- Father - absent or unstable (work unstable)
- Emotional abuse or inconsistent family
- Harshly disciplined as a child
- Lower birth order rank
- Lives or works close to crime scene
- Does not care about news media
- Probably high school drop out
- Poor hygiene, and housekeeping
- Has a secret hiding place
- Nocturnal in his/her habits
- Drives older car/ possible pickup truck
- Relives by returning to crime scene
- Likes to play games with victims family
- Unskilled labor
- No desire to be in police work
- Tries self help programs
- Kills at one site, does not relocate body
- Body usually left intact
- Sex after death
- Evidence/weapon frequently left
- Blitz pattern attack
- Victim is depersonalized to a thing
- Displays anxiety during crime
- No precipitating event
- Chaotic crime scene

K. May be classified of as Organized or Nonsocial:

- Above average IQ 105 - 120 or above
- Decent to good social skills
- Married, lives with someone, or dates frequently
- Sexually functional
- Father stable in home (stable work)
- Family history of physical abuse
- Discipline in childhood inconsistent
- High birth order rank
- Mobile
- Follows news media
- May be college educated
- Skilled labor

Good hygiene, good housekeeping
Not usually a hiding a place
Diurnal habits (daytime)
Flashy car
Returns to crime scene to what the police have found
Plays games with the police
Law enforcement wannabe or groupie
Doesn't care about self help
Kills one place, disposes at another
May dismember
Violence/aggression prior to death
No anxious during crime
Uses seduction via restraints
Converses with victim, keeps it personal
Controlled crime scene
Evidence/weapon hidden or not left behind
Some factor precipitates the crimes

L. Other Childhood Behavior Traits Associated with Serial Killers:

Daydreaming
Compulsive masturbation
Isolation
Chronic lying
Bed wetting
Rebelliousness
Nightmares
Destroying property
Stealing
Cruelty to other children
Poor Body Image
Temper Tantrums
Assaultive to Adults
Phobias
Running away
Cruelty too animals
Accident prone
Headaches
Destroying possessions
Eating problems
Convulsions
Self mutilation

M Families have histories of criminal, psychiatric, and alcoholic abuse.

N. Types of Serial Killers:

1. Visionaries -- they hear voices. Schizophrenic or Psychotic
2. Mission Oriented -- They think they are doing a good job for society by ridding it of a group of what he/she considers a bad for society group such as skid row bums or Prostitutes.
3. Hedonists -- They like it. They kill for pleasure.
4. Lust Killer -- Kill for sexual gratification, generally Sadistic. Their pleasure is proportionate to the amount of torture they inflict.
5. Thrill Killers -- Kill for fun, sadism and excitement.
6. Gain Killers -- personal gain
7. Power seekers -- control over one's life and death

O. Stable -- Has a base where they live, kill, dispose of their bodies. (Gacy)

P. Transient -- Moves around a lot, spread out, random locations, seldom returns to the scene of the crime. (Bundy)